

RLSSA  
**JUNIOR  
LIFEGUARD**



**Qualified**



# School Holiday Program



**Dates:** 16<sup>th</sup> – 20<sup>th</sup> January 2012

**Duration:** 5 consecutive days (Monday-Friday)

**Cost:** with Rash Shirt \$170.00  
without Rash Shirt \$120.00

**Discounts:** 10% discount for 3rd+ child

**Participants will receive:**

- Swim Bag
- Cap – Love 2 Swim
- Junior Lifeguard Aqua Quiz
- Pen & Notepad
- Morning Tea
- BBQ last day
- Achievement certificates/awards

**Program Time:** 8am-12pm daily Monday-Friday

**Program Goals:**

- Lifesaving Knowledge
- Swimming Skills
- CPR knowledge
- Community Education
- Fitness
- Leadership and Teamwork
- Self Esteem / Confidence

**Theme:  
River**

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Deposit of \$60 and rash order to secure your place due by 19<sup>th</sup> December 2011.  
Full payment due by 9<sup>th</sup> January 2012

