

RLSSA
**JUNIOR
LIFEGUARD**



School Holiday Program

Dates: 26th September – 30th September 2011

Duration: 5 consecutive days (Monday-Friday)

Cost: with Rash Shirt \$170.00
without Rash Shirt \$120.00

Discounts: 10% discount for 3rd+ child

Participants will receive:

- Swim Bag
- Cap – Love 2 Swim
- Junior Lifeguard Aqua Quiz
- Pen & Notepad
- Morning Tea
- BBQ last day
- Achievement certificates/awards

**Theme:
Farm
Safety**

Program Time: 8am-12pm daily Monday-Friday

Program Goals:

- Lifesaving Knowledge
- Swimming Skills
- CPR knowledge
- Community Education
- Fitness
- Leadership and Teamwork
- Self Esteem / Confidence

Online www.qualifiedaquatics.com.au
Email info@qualifiedaquatics.com.au
Phone Alina Graham 0412 402 980

Deposit of \$60 to secure your place due by 3rd September 2011.
Full payment due by 17th September 2011

PAYMENT OPTIONS

Cheque Payable to: Qualified Pty Ltd
Send to: PO Box 204
Kedron 4031

Electronic Transfer BSB: **124 001**
Account No: **20569063**
Account Name: **Qualified Pty Ltd**
Reference Code: **[surname] JLP0910**

Cash Paid in person to: Qualified Management at
Earnshaw State College Pool

POOL LOCATION

Earnshaw State College Pool
Victor St, Banyo

What is the Junior Lifeguard Program?

The Junior Lifeguard Program offers a unique aquatics alternative for those who love the water, who want to be challenged and who want more than just lessons. The Junior Lifeguard Program provides opportunities for children to keep interested and active in aquatics, especially quick learners and those caught between levels and programs. It's a fantastic opportunity to further develop swimming skills at the same time as developing new and challenging lifesaving skills.

To Join the Junior Lifeguard Program you need to be:

- 8 years or older
- Able to swim at least 25 metres
- Be comfortable in deep water

*Note 6-7 year olds can participate if they can full fill the requirements. Also we will be running The Love To Swim Program for 6 years & under.

No previous swimming or lifesaving award is required. The program is designed for anyone to participate which means that friends can join together, even if they are of different ages or abilities.

The best description of the Junior Lifeguard Program is SERIOUS FUN! There's a serious purpose behind the program. Kids learn skills that could one day save a life.